

## Cervical Screening: The Facts

Cervical Screening (smear test) saves approximately 5,000 lives per year

This is **NOT** a test for cancer. A smear test simply help detect abnormal changes in the cells of the cervix at an early stage

This test will be performed by your fully trained Practice Nurses. These are:  
Jacqueline Foster (Practice Nurse)  
Hayley Miller (Senior Practice Nurse)  
Lyn Shaw (Nurse Practitioner)

However you may also request this be done by a GP if you have difficulties.

We strive to always ensure that your privacy and dignity is maintained at **ALL** times

## Cervical Screening: The Test

You will be given privacy and asked to undress from the waist down, lie on an examination bed and cover yourself with a sheet

A single-use plastic instrument (speculum) will be inserted inside your vagina so your cervix can be seen.

A soft rubber brush is used to collect the cells from the cervix.  
You may feel a gentle pressure at this point but it should not be painful.

The sample (cells) is placed in a pot of liquid and sent to the laboratory for testing

You will receive you results within 3-4 weeks

9 in 10 results come back Normal. Your results are sent to your home address. A copy is sent to your GP.

**\*Please Contact us\***

If you have any questions or concerns about the smear test please book an appointment and your nurse will discuss this fully and answer any questions you may have.

We aim to provide a full and quality service to all of our patients and your privacy and dignity is very important to us

This test is very important and could save your life

**Take some time to take care of you**

**Trinity Medical Centre**  
**0191 4560053**

## **Trinity Medical Centre**



**0191 4560053**

Dr Neil Dowden, Dr Jyotsna Pattekar, Dr Rennuka Mannikar & Dr Arunabha Chakraborty

Business Manager: Margaret McPherson